

Smoothies & Juice Bar — Refresh Your Soul

| | 16 oz |
|---|--------|
| Fresh O.J..... | \$4.00 |
| Fresh Carrot Juice | 4.00 |
| Lemonade | 3.00 |
| O.J. and Carrot | 4.00 |
| Fresh Grapefruit..... | 4.00 |
| Coconut Water..... | 3.50 |
| Single and Free | 4.00 |
| Choose any fruit or vegetable and squeeze it! | |
| Make Your Own Smoothie! | 5.00 |
| Choose up to three fruits and blend them! | |
| Caribbean Classic | 5.00 |
| Papaya, Banana, Mango, Grapes & Pineapple | |
| Perfect Marriage | 5.00 |
| Banana, Pineapple & Coconut Milk | |
| Berry Banana | 5.00 |
| Strawberries, Banana & Local Artesian Yogurt | |
| [Choose from Honey, Brown Sugar or any other sweetener] | |

Baptize them with 1 of these additional ingredients — .75 ¢ Extra

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|-------------------|----------------------------|--------------------------|
| • Soy Milk | • Hemp Protein | • Wheat Germ |
| • Almonds | • Sprouted Sunflower Seeds | • Cashews Pieces |
| • Hempmilk | • Nutmeg Agave Nectar | • Rice Milk |
| • Almond Milk | • Better than milk | • Almond Butter |
| • Dates | • Ginseng Royal Jelly | • Cashew Pieces |
| • Ginseng Extract | • Organic Agave Nectar | • Orange or Carrot Juice |

or Energize your day with Vivasemilla® Organic Super Foods for \$1.00 Each

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|--------------------------|--------------------------------------|
| • Spirulina | • Hemp Seed Protein |
| • Blue Green Algae (AFA) | • Himalayan Crystal Electrolyte Sole |

Vivasemilla® Unlimited Power Drinks

Made entirely from Organic Superfoods

Five Elements Smoothie Papaya, Banana, Hemp Seed Oil, Hawaiian Spirulina, Himalayan Crystal, Electrolyte Sole, lemon juice and a dash of cayenne pepper... 6.00

Zesty Superfoods

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| Orange Spinach & Spirulina Delight (16 oz.)..... | \$6.00 |
| Energy Soup: Sunflower and buckwheat sprouts, papaya, Himalayan crystal sole and carrot juice (16 oz.) | \$8.00 |
| Add avocado for an extra \$1.50* <i>*seasonal ingredient, subject to availability</i> | |
| Wheatgrass Shot (2 oz) High chlorophyll content power shot..... | \$5.00 |

Beverages & Bars

Assorted premium waters, juices, athletic drinks, chocolates and power bars.

Our ingredients may contain nuts, seeds or soy, which are known allergens. For a complete information of the ingredients we use, please visit our website at zestybites.com

FREE WIRELESS INTERNET



Artisan Sandwiches

Choice of freshly baked whole wheat baguette or organic whole wheat sliced bread

(All sandwiches served with chips)

| | Sliced Bread | Full Baguette |
|---|-------------------------|---------------|
| Turkey & Swiss — Mustard, lettuce, tomatoes, swiss cheese and red onions | \$6.00 | \$8.00 |
| Chicken del Monte — Mayonnaise, lettuce, swiss cheese, bell peppers, & fresh cucumbers.. | 6.00 | 8.00 |
| Mozzarella Barbarella — Mozzarella di bufala, fresh tomato and pesto sauce..... | 6.00 | 9.00 |
| Zesty Sandwich — Pick any organic seed or nut pâté, and dress it with onions,..... | 6.00 | 8.00 |
| carrots, tomato, sprouts, cucumbers and your favorite dressing | | |
| Turkey & Swiss, Chicken del Monte & Zesty Sandwiches | [Half Baguette: \$4.50] | |
| Mozzarella Barbarella Sandwich | [Half Baguette: \$6.00] | |

Panini Sandwiches with chips or fruit cup

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| Roasted Veggie Panini (Vegan) — Roasted Eggplant, red pepper, tomatoes and red onion with organic green lentil pate in foccacia bread..... | 7.95 |
| Salmon Panini — Cream Cheese, smoked salmon, capers, onions and parsley with extra virgin olive oil..... | 9.95 |
| Turkey Panini — Turkey breast, brie cheese, homemade fruit preserve, spinach | 7.95 |
| Organic Basil Chicken Panini — Organic Grilled breast of Chicken, roasted bell peppers, red onion, tomato, basil and fresh mozzarella | 11.95 |

Entrees

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| Raw Zucchini — Lasagna with sun-dried tomato sauce and cashew pate | 12.95 |
| Daily vegetarian pasta special | 11.95 |
| Daily organic chicken special | 13.95 |

Pizzas Fresh From Our Ovens

Fashioned from fresh ingredients and our crisp flatbread baked in our ovens

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| Sanjuanera — Mozzarella, red onions, bell peppers & glorious marinated portobello mushrooms | \$7.50 |
| Mediterranean — Mozzarella, Artichoke Hearts, Feta Cheese, Black Olives & Tomato | 7.50 |
| Marcello & Sofia — Mozzarella, Pesto, Hearts Of Palm & Red Onions | 7.50 |
| Caprese — Mozzarella, Tomato & Pesto | 7.50 |

Zesty Bites

1131 Ashford Avenue
San Juan, Puerto Rico

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Zesty Bites hours:

Tues - Wed 9:00 AM to 6 PM • Thurs - Sat 9:00 AM to 8 PM
Closed on Sunday & Monday

Zesty Bites • Fresh Fruit Salads

Lift up your spirit with our selection of seasonal fruit

Select one (1) topping or one (1) glorious dressing

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|----------------------------------|---------------|
| Fresh Fruit Salad — Small | \$4.50 |
| Fresh Fruit Salad — Medium | 7.00 |
| Fresh Fruit Salad — Large | 12.00 |
| Additional toppings..... | .75cents each |

Exquisite Local Artisan Yogurts

Made by dairy artisans who care about freshness and quality.

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| Plain Serving (8 oz) | \$3.50 |
| Dress it with Tupelo Organic Raw Honey & 1 Topping (8 oz) | 4.25 |

Organic Toppings

- Granola
- Cashews Pieces
- Trail Mix
- Raisins
- Figs
- Gogi Berries
- Wheat Germ

Other Toppings

- Sliced Almonds
- Dates
- Shredded Coconut

Homemade Organic Sweet Dressings

Indulge your palate as you dress the fruits with pure glory:

- Maple Cinnamon Elixir
- Chocolate & Coconut Ecstasy
- Honey
- Nutmeg Agave Nectar

Scrumptious Vegetarian Soups

| | | | | |
|-----------------|-------------|--------|-------------|------|
| Soup of the Day | Large | \$4.50 | Small | 3.50 |
|-----------------|-------------|--------|-------------|------|

Zesty Bites Breakfast Menu • Warming Up Your Day

Delicate cereal creams made with organic whole grains served in 8 oz bowl

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| Sweet Oats — Sprouted oats served with apples and cinnamon..... | \$3.50 |
| Organic Cereal | 3.50 |
| Buckwheat Delicasse — Sprouted buckwheat, sweet bananas & figs..... | 3.50 |
| Cereal Granola — Grain and Honey Cereal with fruit..... | 4.50 |
| Add Milk..... | 5.00 |
| Add non-lactose milk | 5.50 |

Panini Grill Toasts

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| Whole wheat or baguette with exquisite marmalade or butter. | 3.00 |
| Organic Cinnamon Raisin Toast with butter..... | 2.50 |
| Bagel with Cream Cheese..... | 2.50 |
| Homemade Food preserve..... | 1.00 |

Wake up with one of our beverages [12 oz. Supersize — add .50 cents]

[All regular beverages are served in 8 oz. cups]

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| Espresso | 1.50 |
| Cappuccino..... | 2.50 |
| Café con leche or Hot chocolate | 2.00 |
| Choose from regular milk, nonfat milk or 1% milk | |
| Café Freddo..... | 3.50 |
| Organic Chamomile, Rosehips or Green Tea | 1.50 |
| Soy, Rice, Almond and Hemp Milk available..... | add .50 cents |

Our ingredients may contain nuts, seeds or soy, which are known allergens.

For a complete information of the ingredients we use, please visit our website at zestybites.com

Zesty Salads

Zesty Rainbow Salad (Vegan, Raw) — Our signature salad with organic buckwheat and sunflower baby sprouts, cranberries, papaya or mango, grape tomatoes, mushrooms and carrots with your choice of our homemade dressings zesty mango vinaigrette, spinach-basil, honey mustard or balsamic vinaigrette \$11.50

Mediterranean Salad (Vegetarian) — Grape tomatoes, peperonchinis, red onions, black olives, feta cheese, cucumbers on a bed of organic spring mix and baby spinach with balsamic vinaigrette \$8.50

Organic Chicken Ceasar Salad — Organic chicken breast strips on a bed of Romaine lettuce, croutons, pecorino romano cheese and Ceasar Dressing \$12.95

Turkey Cobb Salad — Grape tomatoes, red onions, gorgonzola cheese, turkey breast in a bed of romaine lettuce and balsamic vinaigrette with a multigrain pita bread..... \$9.50

Albacore Salad Onion, bell peppers, corn and albacore tuna with grapeseed oil mayonnaise on a bed of spinach with of your choice of our homemade dressings zesty mango vinaigrette, spinach-basil, honey mustard or balsamic vinaigrette \$12.50

Caprese Salad Mozzarella di buffala, tomato, pesto and a side of balsamic vinaigrette on a bed of organic spring mix \$13.00

Or, make your own:

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|-------------------------------|--------|
| Organic Baby Sprout Mix.. | \$8.00 |
| Organic Baby Spinach | \$6.00 |
| Organic Spring Mix..... | \$6.50 |
| Romaine Lettuce or Spinach... | \$5.00 |

Add any of the following ingredients:

| | |
|--------------------------------------|--------|
| Raw Organic Seed Pâte | \$2.50 |
| Raw Nut Pâte:..... | \$3.00 |
| Chicken..... | \$2.50 |
| Grilled Organic Chicken Breast | \$3.50 |
| Turkey | \$2.00 |

And any of the garden ingredients below.

Whole Grain Tortilla Wraps & Salad Ingredients List

Your favorite greens, organic seed or nut paté and 4 garden ingredients in a Tortilla Wrap... \$7.50 [Tortilla choice of Whole Wheat, Tomato & Basil, Spinach, Garlic & Herbs, Chipotle]

Choose a green: Spinach, Romaine, Sprouts o Spring Mix

Garden Ingredients Top it with any of the following garden ingredients for .75 cents each:

- Almonds
- Avocado
- Green Olives
- Artichoke Hearts
- Cashews
- Sunflower Seeds
- Croutons
- Tomatoes
- Black Olives
- Peppers
- Jalapeños
- Peperonchinis
- Fresh Fruits
- Carrots
- Feta Cheese
- Corn
- Cranberries
- Mushrooms
- Red Onions
- Cucumbers
- Raisins
- Hemp Seeds

Organic Deli Foods 4 oz

- Green Lentil & Cilantro Pâté
- Glorious Marinated Portobello Mushrooms
- Almond Hummus
- Extra Creamy Hummus
- Scrumptious Cashew Pâté
- Pumpkin Seed Paté

Homemade Zesty Dressings

- Olive Oil & Balsamic Vinegar
- Creamy Honey-mustard
- Spinach Basil
- Garlic Sesame With Soy Sauce
- Zesty Mango Vinaigrette
- Pesto

Organic Deli Pâté for Wraps, Salads or Chips

- Hummus & Chips
- Pumpkin Seed Paté
- Green Lentil Pâté

Side order of Pâtés Served With Chips.....\$3.00

- Cashew Paté
- Almond Hummus

Side order of Pâtés Served With Chips.....\$4.50

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